



ST. BEDE'S CATHOLIC JUNIOR SCHOOL
celebrates life and learning



PE and Sport Premium – Plan for 2018/2019 - £19,040 (£16,000 + £10 pp for 304 pupils)

The government provides PE and Sports Premium funding for Primary Schools to provide additional and sustainable improvements to P.E. and sport for the benefit of all pupils and to encourage the development of healthy and active life styles. Schools will spend the sport funding on improving their provision of P.E. and sport and will have the freedom to choose how to do this. Examples include enhanced professional development opportunity, additional sport clubs, equipment to support P.E. and hiring specialist P.E. teachers and qualified sport coaches. At St. Bede's Catholic Junior School we recognise the contribution of P.E. to the health and well-being of the children. In addition, it is considered that an innovative and varied P.E. curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all children.

The use of the PE and Sport Premium is to achieve self-sustaining improvement in the quality of PE and Sport. Its intention is for the funding to have a long lasting impact.

In 2018/2019, some of the outcomes we hope to meet through the Sport Premium funding are:

- Enhance the quality of teaching and learning in PE, including high-impact exercise in lessons;
- Improvement in the quality and breadth of sporting provision through the introduction of new activities;
- Accelerate progress in PE and sport by supporting pupils and staff to develop their knowledge and skills of assessment in PE and other sporting activities;
- Engage all pupils in physical activities to promote healthy and active lifestyles throughout the school day;
- Increase skills in competitive sport and facilitate participation in competitive sport.

Rationale of spending

- Providing professional development opportunities for teachers, TAs and midday assistants in the leadership, teaching and supporting of PE and sport.
- Teachers' attendance on sport /PE courses designed to raise knowledge, expertise and confidence levels.
- Peer coaching support.
- Developing a consistent approach to allocation of swimming lessons.
- Hiring specialist PE teachers and qualified sports coaches to work alongside primary teachers when teaching PE.
- Hiring coaches for specific sports to provide a wider range of alternative and inclusive sporting experiences.
- Increasing participation in inter-school competition.
- Promoting and delivering intra-school competitions.
- Additional extra-curricular club provision.
- Purchase of additional teaching materials for PE and Sport.
- Increase awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health.



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Use of Funding	Key Indicator	Brief Details	Amount Spent	Expected Impact	Review
To further develop curriculum planning for P.E. and Sport	Key indicator 1 Key indicator 2	<p>The P.E. Specialist is to continue to provide inclusive, exhaustive and relevant P.E. planning utilising resources from Sport Specific Governing Body publications and Schemes of work from Lancashire C.C. (2014), LCP and Leapfrog respectively. Each teacher is then to be given access to the following planning templates -</p> <ul style="list-style-type: none"> • Long Term – Yearly overview (To include Dance and Gymnastics) • Medium Term – Termly Schemes of work for each individual class • Short Term – Individual class log sheets <p>The P.E. Specialist is to raise teacher awareness of the cross curricular benefits of the Active Primary Learning (APL) resource.</p>	£600 (P.E. Specialist training)	<p>Improvements in attainment levels and enhanced learning experience. Through the use of APL physical activity sessions that are designed to target the knowledge, skills and understanding and the relevant breadth of study guidelines presented in the National Curriculum programmes of study.</p> <p>Increased awareness of the P.E. based resources available for use within the classroom. Physical activity can still take place when the hall is in use or the weather inclement.</p> <p>The health of every child is positively impacted at St. Bede's through the:</p> <ul style="list-style-type: none"> • Identification of a fitness baseline for each child within the school, which will be reviewed at specified periods in order to identify areas of success and further development. • Regular and ongoing class audits relating to the activity levels of the children when in and out of school. • Establishment and monitoring of teacher led initiatives – such as 'The Daily Mile'. • In conjunction with the School Sports Council – establishment of pupil led initiatives. • Incorporation of Health and Fitness topics into the P.E schemes of work and consequently every P.E. lesson. 	<p>Mr Cooper has provided all teaching staff with individual teaching files for every sport the children will be taught this year. This includes planning provided by Gymnastic specialists who have been providing CPD for staff this academic year.</p> <p>Impact of CPD means that pupils are accessing high quality teaching and learning in this area.</p>



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Assessment	Key indicator 2	For any meaningful and permanent progress to be made, it is essential that regular, relevant and accurate assessment of P.E. must be made.	£636	<p>Teacher led Assessment</p> <ul style="list-style-type: none"> Each class teacher is to use an activity specific template, which enables them to easily and accurately assess the extent to which the lesson's success criteria have been met by each pupil. <p>Pupil Led Assessment (Self and Peer)</p> <ul style="list-style-type: none"> Each pupil is to use a 'child friendly' activity specific template which will enable them to assess their own and their P.E. partner's progress throughout the lesson progressions. <p>Annotated Overview</p> <ul style="list-style-type: none"> Every class teacher is to photograph good practice. The P.E. specialist is to incorporate any photographic evidence provided into an 'annotated evidence folder'. This folder aims to provide staff and visitors with a portfolio of evidence of pupils who are '<i>working towards</i>', '<i>achieving</i>' or '<i>exceeding</i>' expectations in P.E. 	<p>Mr Stalker and Mr Cooper have developed an accurate Teacher led Assessment which is now being implemented within lessons.</p> <p>Pupil led Assessment is now embedded within all PE lessons.</p> <p>Annotated Overview – on going.</p>
CPD for staff Enhanced Annual Support Package	Key indicator 2 Key indicator 3 Key indicator 4	<p>Work with consultant, G. McGough, to utilise the funding to ensure high quality experiences and standards in PE.</p> <p>Subject Leader network – 2 x termly meetings.</p> <p>CPD – comprehensive programme of professional development</p> <p>- subject leader</p>	£3,800	<p>The teachers are confident in delivering quality P.E. lessons and that the children receive at least 2 hours P.E. per week.</p> <p>Standards in PE and high quality experiences are enhanced.</p> <p>Improvement in the school's capacity to deliver high quality PE which promotes the physical, mental, social health and well-being of all children.</p> <p>Enhanced sporting opportunities and experiences both within the curriculum and as extra-curricular.</p> <p>Pupils' levels of fitness and healthy lifestyles are improved</p>	<p>Mr Stalker has worked with Gill McGough in preparation for the application for the AfPE quality mark. This was to identify how we can evidence the key areas for the application throughout the next year.</p> <p>Gill McGough has also delivered a Numeracy and</p>



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		<p>support –audit, curriculum planning and subject management</p> <ul style="list-style-type: none"> - Modelling of lessons - INSET - Observation and monitoring of teaching and learning. <p>Use of External Specialists to deliver high quality, specialist PE lessons and provide CPD for staff.</p> <p>PE Specialist to team-teach with class teachers.</p> <p>PE Specialist to deliver training to targeted groups of teachers.</p>		<p>through engagement, enjoyment and exercise.</p> <p>Staff Development Programme results in the delivery of consistently high quality teaching and sustainable provision; increased confidence, knowledge and skills of all staff teaching PE and Sport.</p> <p>With upskilling of staff there is a constant drive to raise standards in PE and Sport.</p> <p>There will be enhanced capacity to lead PE and Sport in the school.</p> <p>The school staff is provided with focused professional skill development whether individual via ‘team teaching’ or group based training.</p> <p>Any training provided is based upon the teacher’s individual ‘audit of needs’.</p> <p>The focus for this year is Gymnastics; we will choose a teacher to be our Gymnastics specialist to ensure that once the training with Gill and the outside company is completed we still have a person to refer to for support if needed.</p>	<p>Literacy within PE staff meeting to all teaching staff. This has allowed the staff to see the different opportunities to included Numeracy and Literacy within PE lessons.</p> <p>Mr Stalker has attended 3 Subject Leader Network meetings throughout the year.</p> <p>All Classes have received a minimum of 10 hours of Gymnastics sessions from the ‘Beth Tweedle’ coaches. During these session staff have observed and then had the opportunity to team teach with the support of the coaches to develop their own knowledge and skill of teaching Gymnastics.</p>

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Equipment for a wide range of PE and Sport	Key indicator 2 Key indicator 4	The P.E. Specialist/Subject Adviser is required to conduct regular audits of the school's P.E. and Sports equipment, both in terms of assessing and maintaining current items but also in identifying future needs.	£2000	<p>Ensure that the safety of the children is fully considered and that they are provided with the most suitable equipment, which will help them to enjoy and progress in P.E. lessons.</p> <p>It is further proposed that particular emphasis is to be placed on finding equipment appropriate for left-handed pupils and/or those with disability.</p>	<p>Throughout the year equipment has been purchased to ensure that the children are able to participate in all PE lessons to the highest standard.</p> <p>As a school have also purchased sports equipment for the playground to help promote the participation in sports at play time and dinner time.</p>

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Play Leader Training and Equipment	Key indicator 1 Key indicator 2 Key indicator 4 Key indicator 5	Facilitate Year 5 pupils accessing the Play Leader Training delivered by the PE Specialist to develop leadership skills and encourage Year 3 pupils to be active and develop social skills and skills related to games. Equipment purchased for Year 6 pupils to use with Year 3 pupils at lunchtime. Deliver Play Leader Training to Midday Assistants.	£800 £100	Sports Ambassadors work effectively with PE Specialist to monitor PE resources and ensure accessibility. Year 5 pupils successfully complete the Play Leader Training and develop leadership skills through a range of games and activities. Year 5 pupils are able to lead activities with younger pupils. Year 3 pupils are active and occupied at lunch time. They learn games related skills, for example, co-operation; and team-work. Midday Assistants work effectively with the Play Leaders and Year 3 pupils. The scheme promotes social integration, co-operation and social skills. A wide range of high quality, engaging resources are available for pupils at lunchtime to promote the engagement of pupils in activity at lunchtime. Children engage in purposeful skill and health enhancing activities that improve behaviour attitudes to learning and healthy living. Midday Assistants engage pupils in appropriate play and undesirable behaviour is well- managed.	This training was delivered during summer term 2 to all year 5 pupils. There has been equipment ordered to allow children to access Sports whilst on the playground during morning break and dinner time. These activities have been adult led within the different sections of the playground.
Extra-curricular activities	Key indicator 1 Key indicator 2 Key indicator 4 Key indicator 5	Extra-curricular clubs are to start at least a term before any competition is scheduled. Develop external club links and promote lifelong participation. Whenever possible, after school clubs are to be held at an external	£2000 Hire of venues for academic year	Children are given the opportunity to practise specific skills and develop confidence in their own abilities. This has already proven to be an effective way of helping the children to be successful when competing against other schools. Examples include: <ul style="list-style-type: none"> • Cross Country • Football • Speed Stacking • Athletics 	Throughout the year the children have attend a number of venues to help improve their skills and techniques in specific sports. This has also enable pupils to have access to outside of school sports teams.

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		<p>venue which specialises in a particular sport/ activity.</p> <p><u>Inclusion</u></p> <p>Extra-curricular clubs allocation is inclusive with clubs such as Boxing and Wheel Chair Rugby being offered primarily, to those children who have not represented the school in a sporting context. Proposed new activities are to include Squash, Golf and Climbing.</p> <p>The P.E. Specialist is to oversee the delivery of structured, inclusive activities during break times.</p>		<ul style="list-style-type: none"> • Table Tennis • Tennis • Cricket <p>Pupils are signposted to external clubs and as such continue with the activity beyond school and extra-curricular.</p> <p>Diverse sports enable all pupils to participate.</p> <p>Intra-school competitions can significantly help to improve the health of a wide range of pupils by providing additional access to more physical activities. These activities are designed to provide a less stressful exposure to competition and help the children improve inter personal skills and self-confidence.</p> <p>Successful examples of such activities include – Table Tennis coaching, Cricket coaching, Major League Soccer (MLS) and the Rugby World Cup. Proposed new initiatives include – Netball League Cup, Cricket 20-20 League and a Handball Championships.</p>	
Halton SLA: Employment of 'specialist' from Halton Sports Development Team	Key indicator 2 Key indicator 3 Key indicator 4 Key indicator 5	Mr. Wood to teach every class a new sport/activity in National School Sport Week and one additional week, and as extra-curricular, for pupils in Years 3 – 6 and parents/carers.	£1100	<p>Children experience different/additional sports and there is increased participation.</p> <p>Sports Ambassadors develop skills in organisation and leadership. Good role models encouraged children to sustain active lifestyle.</p> <p>The employment of a 'specialist' increases capacity and enables more children to participate in activity after school and 'new' sports in curriculum lessons.</p>	<p>during the Autumn term we had the opportunity to bring in an outside agency to teach year 6 Judo in the spring term and then year 5 in the summer term.</p> <p>It was decided that the children would benefit from Judo instead of have a 'one off' lesson from Mr Woods.</p>
Gymnastics badges	Key	Promotes and rewards	£400	Badges earned in recognition of the standards achieved in	Badges and Certificates have been purchased at

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and certificates	indicator 2 Key indicator 4 Key indicator 5	achievement in gymnastics.		gymnastics. Pupils' gymnastics skills are enhanced and improved. Children will strive to achieve their personal best (PB).	the end of the academic year for the children to receive in their showcase for the parents.
WPSSA	Key indicator 2 Key indicator 4 Key indicator 5	Membership to Widnes Primary Schools Sports Association.	£50	Collaboration with the Halton Sports Competition Manager and other Halton schools to increase participation levels in PE and Sport and inter-school competitive sports.	Mr Stalker attended the Annual meeting at the start of the academic year. The School have been able to access a number of competitions.
Inter-school competitions in P.E. and Sport	Key indicator 2 Key indicator 4 Key indicator 5	The P.E. Specialist and Subject Adviser are to ensure that all pupils are given access to a wide range of sporting opportunities and are fully prepared (usually via extra-curricular activities) prior to any competition to ensure that their experiences are positive.	Number of planned events: 20 x 52 £1040	Pupil participation rates are high. In 2016 – 17, 75% of pupils represented the school. In 2017 – 18, this is to be increased to over 80%. Responsibilities are to include - <ul style="list-style-type: none"> • Liaison with the Local Authority School Sport Co-ordinator means that good relationships have been established and have already been useful in allowing the inclusion of extra teams. There is both effective and inclusive team selection and coaching. 	During 2018-19 academic year we have again been successful in all of the tournaments we have entered. Due to the cancellation of a number of Year 3 and 4 events this year we have been unable to meet our target for participation in inter competitions. We have addressed this by having more intra competitions in school this year to ensure all of our children have had the opportunity to participate in competitive sports.
School Sports	Key	The P.E. Specialist is to oversee the establishment of	£30	Under the initial guidance of the P.E. Specialist the Sports	Sports Council have worked this year with Mr

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Council	indicator 1 Key indicator 2 Key indicator 4 Key indicator 5	a Sports Council within the school which is run by the pupils and meets regularly to discuss potential areas of development and improvement.		Council would be responsible for: <ul style="list-style-type: none"> • Access and auditing of the P.E. store Room. • Officiating Intra – School events / competitions. • Reporting on inter- school competitions – creation of a ‘Sport News Team’. • Sport based assemblies. • Development of new after school clubs. • Development of new Health related initiatives. 	Stalker and Mr Cooper to help improve Sports within school. They have helped to set up and run two intra competitions. (Football and rugby).

Key indicator

Key indicator 1:

The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Key indicator 2:

The profile of PE and sport being raised across the school as a tool for whole school improvement

Key indicator 3:

Increased confidence, knowledge and skills of all staff in teaching PE and sport

Key indicator 4:

Broader experience of a range of sports and activities offered to all pupils

Key indicator 5:

Increased participation in competitive sport