

Live Simply

This monthly challenge encourages us to look at our personal responsibility for making choices that will enable us to

Live Simply, sustainably and in solidarity

with the poor. Each month we will be given a challenge to think globally and make a decision to take simple steps to bring about change for the

better.

<p>September</p> <p>I will Live Simply by Recycling. I promise to find out more about recycling in my local area and to encourage my family and school to recycle more.</p>		<p>October</p> <p>This month I will Live Simply by raising money. I promise to make a change for people living in poverty; giving items to the Widnes Foodbank.</p>
<p>November</p> <p>Raising awareness of Fair-trade. I promise to find out more about Fair-trade and encourage my family to buy Fair-trade products.</p>	<p>December</p> <p>Praying during Advent. I promise to pray for the people who do not have a safe place to sleep or enough food to eat this Christmas: I will give to the Sisters of Mercy Mission</p>	<p>January</p> <p>This month I promise I will Live Simply by finding out about climate change and how we can reduce our carbon footprint.</p>
<p>February</p> <p>I will Live Simply by saving energy. I promise to turn the lights off when I leave a room and not leave things on standby.</p>	<p>March</p> <p>The Live Simply Challenge for March is 'Give it up' Challenge. I promise for the whole of Lent (26.02.20 - 09.04.20), I will give up something that I do not need and donate so others can have what they do need (food, water, shelter).</p>	<p>April</p> <p>The Live Simply Challenge for April is Recycle, Reduce and Reuse. I promise to write to local businesses about how they can reduce plastic. I will share successful stories from larger companies on how they reduce, reuse and recycle.</p>
<p>May</p> <p>Walking or cycling more. I promise to walk to school more often than I go by car.</p>	<p>June</p> <p>This month our challenge is to Live Simply by not wasting water. I promise to help the environment by turning the tap off when I clean my teeth.</p>	<p>July</p> <p>The challenge for the month of July is to persevere. I promise to Live Simply from now on because I know that by making small changes to my own life, I can help make the world a better place for everyone.</p>