

27th APRIL, 2020

**REFLECTION
SPIRIT OF PENTECOST**



*Spirit of God
Enlighten our hearts and
minds, that we may see the
faces of our sisters and
brothers whose labour
provides us with the food we
eat, the clothes we wear and
the computers, phones and
washing machines we use.*

*Spirit of God
Embolden us to speak out
on behalf of those who
suffer injustice, so that they
may enjoy the fruits of their
labour and have enough to
feed, clothe, nurse and
educate their families.*

*Spirit of God
Consume us with a passion
to change our way of life so
that we learn to put the
needs of others before our
desire for more possessions
at bargain prices.*

*Spirit of God
Through the witness of our
lives, standing in solidarity
with all peoples, may we
spread the warmth of your
love, the light of your
wisdom, and the fire of your
justice, so that all may live
in peace and security.
Amen.*

MESSAGE FROM MRS. TIERNAN

Hello to you all,

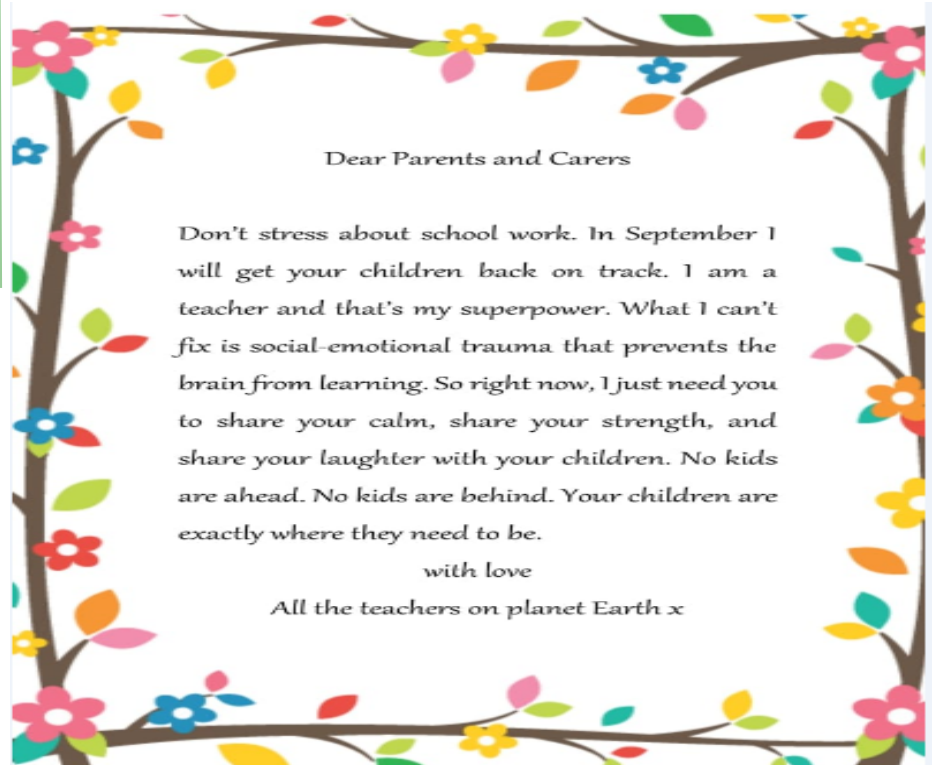
I hope you are all keeping well during this challenging time. It is certainly strange for us to be living this way when we all have to adapt to the quickly changing environment.

As a school, we would like all of our families to feel supported in creating a positive learning environment at home whilst self-isolating or socially distancing. We know that it is a difficult time for us all so we have discussed how best to provide learning opportunities for pupils without placing unnecessary pressure on families.

Home learning must be sustainable for pupils, parents/carers and staff as we do not have an end date for this new way of living, working and learning. It should not place undue burden on anyone. We have set up email accounts to support any queries you may have regarding learning. You can also save work and email it directly or photograph completed work for feedback. Teachers will endeavour to get back to you within 24 hours. There is also the option to contact Mathematics (Mr. Hurst) and English (Mrs. Woods).

The email addresses are detailed in the home learning letter hand-delivered with your child's mathematics workbook last week and emailed to you on 22nd April. School is open from Monday to Friday so if parents/carers have any queries or concerns, the office staff and I are available to assist.

Overleaf I have shared information provided by CEOPS, (Child Exploitation and Protection Command), who provide support to schools, children and their families. Most of the information is readily available on social media, on websites etc but I have collated it for you whilst you face the challenges of home schooling and, possibly, juggling work.



INFORMATION AND USEFUL LINKS

Parent Info is a collaboration between Parent Zone and NCA-CEOP which provides support and guidance for parents/carers from leading experts and organisations. Please visit <https://parentinfo.org/> to read articles which tackle some of the key issues families are experiencing during lockdown, including:

- Separated parents managing arrangements to see their child
- Supporting teens to cope with lockdown
- Looking after your child's mental health while stuck indoors
- Starting difficult conversations about COVID-19 with your child

Cheshire Police have a campaign to support those who are the victims of domestic violence. If you need to report an incident please phone 101 and if it is an emergency call 999. For more information please visit: <https://www.openthedoorcheshire.org.uk>. However, if you are concerned about a pupil's welfare please contact one of the support agencies identified below:

Local Children's Safeguarding Board: If you wish to report a safeguarding concern about a child, please contact 0151 907 8305 / 0151 5117722 (office hours Monday-Thursday, 9am – 5pm, 9am – 4.30pm Fri) or 0345 050 0148 (outside office hours and throughout weekends)

NSPCC: Children's charity dedicated to ending child abuse and child cruelty website: www.nspcc.org.uk

Childline: 24-hour helpline for adults concerned about a child 0808 800 5000. Children who have a concern can phone 0800 1111 to speak to a counsellor

Young Minds: provide information on child and adolescent mental health for parents and professionals. Parents' helpline 0808 802 5544 (Monday to Friday, 9.30am to 4pm) and website: www.youngminds.org.uk

Further helplines for conditions such as stress, anxiety and depression can be found on the following link to the NHS:

<https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/>

Throughout the academic year the school supports our local foodbank and if you, or anyone you know, is struggling please do not hesitate to contact the Widnes centre based at: Trinity Methodist URC Church, Peel House Lane, Widnes WA8 6TJ Phone: 0151 422 0031

The following social media accounts are trusted sources of information and are able to answer any questions you may have:

Organisation	Twitter	Facebook
GOV UK	@GOVUK	@UKgovernment
NHS	@NHSuk	@NHSwebsite
Public Health England	@PHE_uk	@PublicHealthEngland
Home Office	@ukhomeoffice	@ukhomeofficegov
Cheshire Fire & Rescue Service	@CheshireFire	@CheshireFRS
North West Ambulance Service	@NWAmbulance	@nwasofficial
Cheshire East Council	@CheshireEast	@CheshireEastCouncil
Cheshire West & Chester Council	@Go_CheshireWest	@cheshirewest
Warrington Borough Council	@WarringtonBC	@warringtonbc
Halton Borough Council	@HaltonBC	@haltonbc
Cheshire Police	@cheshirepolice	@cheshirePolice