

# Live Simply

This monthly challenge encourages us to look at our personal responsibility for making choices that will enable us to

**Live Simply, sustainably and in solidarity**

with the poor. Each month we will be given a challenge to think globally and make a decision to take simple steps to bring about change for the

better.

<p><b>September</b></p> <p>I will Live Simply by Recycling. I promise to find out more about recycling in my local area and to encourage my family and school to recycle more.</p>		<p><b>October</b></p> <p>This month I will Live Simply by raising money. I promise to make a change for people living in poverty; giving items to the Widnes Foodbank.</p>
<p><b>November</b></p> <p>Raising awareness of Fair-trade. I promise to find out more about Fair-trade and encourage my family to buy Fair-trade products.</p>	<p><b>December</b></p> <p>Praying during Advent. I promise to pray for the people who do not have a safe place to sleep or enough food to eat this Christmas: I will give to the Sisters of Mercy Mission</p>	<p><b>January</b></p> <p>This month I promise I will Live Simply by finding out about climate change and how we can reduce our carbon footprint.</p>
<p><b>February</b></p> <p>I will Live Simply by saving energy. I promise to turn the lights off when I leave a room and not leave things on standby.</p>	<p><b>March</b></p> <p>The Live Simply Challenge for March is 'Give it up' Challenge. I promise for the whole of Lent. I will give up something that I do not need and donate so others can have what they do need (food, water, shelter).</p>	<p><b>April</b></p> <p>The Live Simply Challenge for April is Recycle, Reduce and Reuse. I promise to write to local businesses about how they can reduce plastic. I will share successful stories from larger companies on how they reduce, reuse and recycle.</p>
<p><b>May</b></p> <p>Walking or cycling more. I promise to walk to school more often than I go by car.</p>	<p><b>June</b></p> <p>This month our challenge is to Live Simply by not wasting water. I promise to help the environment by turning the tap off when I clean my teeth.</p>	<p><b>July</b></p> <p>The challenge for the month of July is to persevere. I promise to Live Simply from now on because I know that by making small changes to my own life, I can help make the world a better place for everyone.</p>