WEEK 1	MEAT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Vegetarian korma with 50/50 rice	Pork sausage with creamy mash potato & gravy	Roast beef with Yorkshire puddings, roast potatoes & gravy	Spanish chicken in a tomato sauce with 50/50 rice	Crispy fish fingers with chunky chips
VEGETARIAN Main dish	Vegetarian cottage pie	Quorn™ enchiladas with diced potatoes	Quorn™ fillet with roast potatoes & gravy	Tomato & roasted vegetable pasta	Crispy vegetable fingers with chunky chips
ACCOMPANIMENTS	Cauliflower & broccoli Salad bar	Peas & carrots Salad bar	Green beans & cabbage Salad bar	Sweetcorn & broccoli Salad bar	Peas & baked beans Salad bar
DESSERTS	Chocolate & pear sponge with custard	Apple crumble & custard	Flapjack	Carrot cake	Chocolate & orange cookie
FRESH FRUIT Or Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit <i>or</i> Yoghurt	Fresh fruit or Yoghurt	Fresh fruit <i>or</i> Yoghurt
JACKET POTATO	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling	Jacket potato & todays choice of filling

