



## KEEPING YOU SAFE IN SCHOOL

(Child Friendly Version of Safeguarding and Child Protection Policy)

### **What is Safeguarding?**

We want St. Bede's Catholic Junior School to be a safe place. The adults in school will do everything they can to make sure you are protected and happy.

To help them do this they have lots of rules to follow. This policy is to help you understand what Safeguarding means to you and to help you decide what could be a 'problem' and whom you should talk to.

The adults in school think that Safeguarding means that they should:

- Protect you from harm;
- Make sure nothing stops you being healthy or developing properly;
- Make sure you are safely looked after;
- Make sure you have the best life chances and can grow up happy and successful



## Adults in school:

The adults agree that, to make sure they look after you, they will:

- Make the school a friendly, welcoming and supportive place to spend time in - somewhere you want to be;
- Be there for you to talk to;
- Make sure you know who to ask for help;
- Give you safe messages in your lessons to help you learn how to look after yourself both online and in the real world;
- Have all the right rules in place to help look after you. They will follow these rules all of the time (these rules are sometimes called policies).



## In and Out of School:

All of the staff at St. Bede's Catholic Junior School will do their best to make sure the building is safe for you to learn in and spend time in.

We will make sure that we know who everyone is in the school by asking visitors to sign in at reception. You will always know who a visitor to the school is because they will have signed in at reception and will be wearing a green cord around their neck with a visitor badge in the plastic wallet.

People that we do not know will never be allowed to spend time with you on your own and will not be allowed to walk around the school without a member of staff.

The building, outside areas and field will be as safe as they can be for you so that you don't hurt yourself, although accidents can happen if you are not careful!

Staff will look after you if the fire alarm goes off and you should know what to do and where to go.

When you leave school to go on a trip somewhere, the staff will make sure they can keep you safe wherever you are going.

## Abuse:

When someone hurts you it can be called abuse. This is when someone, an adult or another child, does something to you that is harmful, unpleasant or painful like:

- If someone deliberately hits you, hurts you, injures you or humiliates you in different ways.
- If someone says or does something that makes you feel bad about yourself or hurts your feelings, which makes you feel scared, sad, upset or frightened.
- If someone shouts, threatens, hits or hurts someone you love whilst you are around which makes you scared, unhappy or worried
- If someone doesn't take care of you so you feel lonely or neglected. You might not be able to eat or wash regularly, or you might not be able to come to school every day or on time.
- If someone touches you in a way that you don't like (like touching your private body parts) or makes you look at things which make you feel embarrassed, uncomfortable or even guilty. They may ask you to keep it a secret or give you presents.

Abuse is never ok and if you are being or have been abused you must remember - it is not your fault. You must always tell someone and they will help it to stop.

## Need to talk?

You can talk to any adult in school if you need to, and your teacher, Mrs. Geoghegan, Mrs. Harrington and Mrs. Tiernan will ALWAYS be there for you.

If you are worried about a friend- maybe they have told you something that is worrying you- please talk to Miss. Housley, Mrs. Geoghegan or Mrs. Harrington. They are there to help you too.



## How will we try to protect children?

- We try to provide a safe environment for children to learn in;
- We teach you how to recognise risks in different situations, and how to protect yourself and stay safe;
- We encourage you to be in school and on time every day;
- We promote healthy, active lifestyles;
- We want to help to ensure that you remain safe, at home as well as at school;
- We think it is important for you to know where to get help if you are worried or unhappy about something.



All of the adults in school think that your health, safety and welfare are of the greatest importance.

In our school, we respect you and help to protect your rights.

We want you to survive and thrive, to learn and grow, to make your voice heard, to work hard and be the best person that you can be.

Remember, what you are is your gift from God and what you become is your gift to God.

**ChildLine** - here for you whenever you need to talk

